

POST-OP INSTRUCTIONS FOLLOWING CROWN AND BRIDGE PREPARATION FROM THE OFFICE OF DR. BOND

MEDICATIONS: Ibuprofen is usually the drug of choice following this procedure. One should follow the OTC directions unless otherwise specified by Dr. Bond.

SENSITIVITY: One may find that their teeth are sensitive, this is normal. Surgery was performed on your tooth/teeth and it will take time for them to recover. The gum tissue may be irritated as well, warm salt water rinses may be used to ease discomfort.

ACTIVITY: No restrictions.

TEMPORARIZATION: Plastic temporaries will be made in-office to protect the teeth while the laboratory is processing the crown/bridge/veneer. If more than one tooth is involved, the temporaries will be linked together for strength, which will not allow one to floss between them. If one chooses to floss between temporary and natural tooth, do so by popping floss down then pulling it out the side- DO NOT pop it back up or temporary may be dislodged. Crown and bridge temporaries will be cemented to place with temporary cement, veneer temporaries will be held to place by mechanical retention. If any cement is left, it can be removed by brushing. If a temporary becomes loose, broken, or lost before permanent crowns are ready, please call us to recement/remake them. Teeth can move if they are out too long and impact the fit of the permanent restoration.

AVOID: Chewing hard or sticky foods with temporaries. If front teeth were involved, do not bite off hard foods. Examples: apples, carrots, candy, etc.

We will make an appointment to deliver (seat/cement) the permanent restoration in 2-3 weeks.

If you have any questions, please contact Dr. Bond at the office (701)235-3205, home (701)235-6062, or cell (701)361-1613.